



**2022 SUMMER FEEDING**

**JUNE LUNCH MENU**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **6**Spaghetti w/ Meatsauce 1 cupSeasoned Corn ½ cupFresh Orange Halves ½ cupMilk Variety, 8 oz | **7**BBQ Burger, 2 ozPotato Rounds ½ cupCanned Fruit ½ cupMilk Variety, 8 oz | **8**Baked Chicken, 3 ozMashed Potatoes w/ Gravy ½ cupGreen Beans ½ cupFresh Roll, 1 ozMilk Variety, 8 oz | **9**Pepperoni Pizza 1 sliceSeasoned Corn ½ cupFresh Fruit, Variety ½ cupMilk Variety, 8 oz  | **10**White Beans w/Sausage ⅔ cupSteamed Rice ½ cupGlazed Carrots ½ cupFresh Pear ½ cupMilk Variety, 8 oz |
| **13**Hamburger, 2 ozPotato Rounds ½ cupFresh Apple Slices ½ cupMilk Variety, 8 oz | **14**Chicken Nuggets (5) Macaroni & Cheese ⅔ cupGlazed Carrots ½ cupFresh Strawberries ½ cupMilk Variety, 8 oz | **15**Smothered Chicken, 3 ozSteamed Rice ½ cupSeasoned Corn ½ cupFresh Orange Halves ½ cupMilk Variety, 8 oz | **16** Pork Roast, 2 ozMashed Potatoes ½ cupFresh Cantaloupe Slice ½ cupHomemade Roll, 1 ozMilk Variety, 8 oz | **17**Chili w/ Cheese, 4 oz, ½ ozBaked Potato ½ cupFresh Pear ½ cupCrackers, 1 oz eq |
| **20**Spaghetti w/Meatsauce 1 cupSeasoned Corn ½ cupFresh Orange Halves ½ cupMilk Variety, 8 oz  | **21** BBQ Pulled Pork Burger, 2 ozPotato Rounds ½ cupCantaloupe Slice ½ cupMilk Variety, 8 oz | **22** Oven-Fried Chicken, 3 ozMashed Potatoes w/Gravy ½ cupGreen Beans ½ cupFresh Roll, 1 ozMilk Variety, 8 oz | **23**Hotdog w/Chili, 2 oz, ½ ozBaked Beans ½ cupFresh Pear ½ cupMilk Variety, 8 oz | **24** White Beans w/Sausage ⅔ cupSteamed Rice ½ cupSweet Potatoes ½ cupFresh Apple Slice ½ cupMilk Variety, 8 oz |
| **27**Cheeseburger, 2 ozPotato Rounds ½ cupFresh Pear ½ cupMilk Variety, 8 oz  | **28**Chicken Nuggets (5)Macaroni & Cheese ⅔ cupGlazed Carrots ½ cupFresh Strawberries ½ cupMilk Variety, 8 oz | **29** BBQ Chicken, 3 ozSeasoned Rice ½ cupBaked Beans ½ cupFresh Orange Halves ½ cupMilk Variety, 8 oz | **30**Pork Roast, 2 ozMashed Potatoes ½ cupFresh Apple Halves ½ cupHomemade Roll, 1 ozMilk Variety, 8 oz | **July 1**Pepperoni Pizza 1 slicePotato Rounds ½ cupFresh Fruit, Variety ½ cupMilk Variety, 8 oz |
| **Milk Variety includes:** Skim White Milk, Skim Flavored Milk, 1% Low fat Milk |

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