| Meal |  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Snack | Mucst contain 2 meal components | Honey Grahams 100\% Juice | WG Brownie Applesauce | Cheesy Cheese Puffs Fruit Cup | Pizza Crackers <br> Applesauce | Berry Bears 100\% juice |
| Dinner | $\begin{gathered} \text { Meat/MA } 2 \text { oz } \\ \text { Grain } 2 o z \\ \text { Veg 1/2 } c \\ \text { Fruit 1/4 c } \end{gathered}$ | Breaded Chicken <br> Sandwich <br> Sweet Corn <br> Applesauce | Buffalo Bites WG Roll Buttery Carrots 100\% Juice | Double Cheese Stix <br> Marinara <br> Applesauce | Crispy Chicken <br> Tenders <br> WG Roll <br> Mixed Vegetable 100\% juice | Teriyaki Beef Dunkers WG Roll Broccoli Fruit Cup |
|  |  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Snack | Must contain 2 meal components | Berry Bears Fruit Cup | Cheesy puffs 100\% fruit juice | Cinnamon Waves Applesauce | Pizza Crackers 100\% Juice | Honey Grahams Applesauce |
| Dinner | Meat/MA 2 oz <br> Grain 2 oz <br> Veg 1/2 c <br> Fruit 1/4 c | Baked Cheese <br> Ravioli <br> Marinara <br> Applesauce | Chicken Nuggets <br> WG Roll <br> Sweet Corn <br> 100\% Juice | Salisbury Steak <br> WG Roll <br> Broccoli <br> Fruit Cup | Buffalo Bites WG Roll Buttery Carrots Applesauce | beef Hamburger on a Bun Baked Beans 100\% juice |

$\left.\begin{array}{|c|c|c|c|c|c|c|}\hline & & \text { Monday } & \text { Tuesday } & \text { Wednesday } & \text { Thursday } & \text { Friday } \\ \hline \text { Snack } & \begin{array}{c}\text { Must contain 2 } \\ \text { meal components }\end{array} & \begin{array}{c}\text { Honey Grahams } \\ \text { Applesauce }\end{array} & \begin{array}{c}\text { WG Brownie } \\ 100 \% \text { Juice }\end{array} & \begin{array}{c}\text { Pizza crackers } \\ 100 \% \text { fruit juice }\end{array} & \begin{array}{c}\text { Cheesy Cheese Puffs } \\ \text { Applesauce }\end{array} & \begin{array}{c}\text { Cinnamon Waves } \\ \text { 100\% Juice }\end{array} \\ \hline \text { Dinner } & \begin{array}{c}\text { Meat/MA 2 oz } \\ \text { Grain 2 oz } \\ \text { Veg 1/2 } \\ \text { Fruit 1/4c }\end{array} & \begin{array}{c}\text { Breaded Chicken } \\ \text { Sandwich } \\ \text { Baked Beans } \\ \text { Fruit Cup }\end{array} & \begin{array}{c}\text { Teriyaki Beef } \\ \text { Dunkers }\end{array} & \begin{array}{c}\text { Salisbury Steak } \\ \text { Wroccocli } \\ \text { Apg Bun }\end{array} & \begin{array}{c}\text { Buttery Carrots } \\ \text { Fruit Cup }\end{array} & \begin{array}{c}\text { Baked Cheese Ravioli } \\ \text { Marinara } \\ \text { 100\% Juice }\end{array}\end{array} \begin{array}{c}\text { Double Cheese Stix } \\ \text { Sweet Corn } \\ \text { Applesauce }\end{array}\right]$

This institution is an equal opportunity provider
Menus are subject to change due to availability.
All grains offered are made with $51 \%$ whole grain.
Non- Fat Unflavored Milk or $1 \%$ Milk is provided with meals.
Fresh fruit will be provided whenever possible or will be IQF; 1/2 to 3/4 cup portion.
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