

Meal		Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Mucst contain 2 meal components	Honey Grahams 100% Juice	WG Brownie Applesauce	Cheesy Cheese Puffs Fruit Cup	Pizza Crackers Applesauce	Berry Bears 100% juice
Dinner	Meat/MA 2 oz Grain 2 oz Veg 1/2 c Fruit 1/4 c	Breaded Chicken Sandwich Sweet Corn Applesauce	Buffalo Bites WG Roll Buttery Carrots 100% Juice	Double Cheese Stix Marinara Applesauce	Crispy Chicken Tenders WG Roll Mixed Vegetable 100% juice	Teriyaki Beef Dunkers WG Roll Broccoli Fruit Cup

		Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Must contain 2	Berry Bears	Cheesy puffs 100%	Cinnamon Waves	Pizza Crackers	Honey Grahams
	meal components	Fruit Cup	fruit juice	Applesauce	100% Juice	Applesauce
Dinner	Meat/MA 2 oz	Baked Cheese	Chicken Nuggets	Salisbury Steak	Buffalo Bites	beef Hamburger on
	Grain 2 oz	Ravioli	WG Roll	WG Roll	WG Roll	a Bun
	Veg 1/2 c	Marinara	Sweet Corn	Broccoli	Buttery Carrots	Baked Beans
	Fruit 1/4 c	Applesauce	100% Juice	Fruit Cup	Applesauce	100% juice

		Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Must contain 2 meal components	Honey Grahams Applesauce	WG Brownie 100% Juice	Pizza crackers 100% fruit juice	Cheesy Cheese Puffs Applesauce	Cinnamon Waves 100% Juice
Dinner	Meat/MA 2 oz Grain 2 oz Veg 1/2 c Fruit 1/4c	Breaded Chicken Sandwich Baked Beans Fruit Cup	Teriyaki Beef Dunkers WG Roll Broccocli Applesauce	Salisbury Steak WG Bun Buttery Carrots Fruit Cup	Baked Cheese Ravioli Marinara 100% Juice	Double Cheese Stix Sweet Corn Applesauce

This institution is an equal opportunity provider.

Menus are subject to change due to availability.

All grains offered are made with 51% whole grain.

Non- Fat Unflavored Milk or 1% Milk is provided with meals.

Fresh fruit will be provided whenever possible or will be IQF; 1/2 to 3/4 cup portion.